



Kids & Families Together

Serving Foster, Kinship and Adoptive Families

CLINICAL & ADMINISTRATION CENTER

864 E. Santa Clara Street • Ventura, CA 93001
Phone: 805.643.1446 • Fax: 805.653.8085

THERAPEUTIC VISITATION CENTER

4601 Telephone Rd., Suite 117 • Ventura, CA 93003
Phone: 805.643.1446 • Fax: 805.764.9480

TRAINING CENTER

1317 Del Norte Road • Camarillo, CA 93010
Phone: 805.643.1446 • Fax: 805.653-8085

connect@kidsandfamilies.org
kidsandfamilies.org

If you or a family have questions,
find out more about our services
by visiting our website at:
www.kidsandfamilies.org

Our Mission

Our mission is to strengthen relationships and provide safe, supportive help and education that keeps families emotionally connected to one another.

We offer a safe and supportive resource, education and counseling center. We are committed to respecting each individual and family who request our services and to providing the most comprehensive education and counseling to promote healthy families.

Rev. 9/18

Therapeutic Visitation Center



Kids & Families Together

- ♥ *Building Relationships*
- ♥ *Strengthening Families*
- ♥ *Enhancing Attachment*

www.kidsandfamilies.org

Referral Process

Serving families with court ordered supervised visitation. In order to receive services, a social worker must submit a referral.

*Clients must meet certain requirements to receive services.

All Therapeutic Visitation Center services, groups, and workshops are offered in both English and Spanish.

*In collaboration with
Ventura County Human Services Agency*



COUNTY OF VENTURA

Therapeutic Visitation Center

Utilizing The 5 Protective Factors that Strengthen Families and Protect Children

- 1 Parental Resilience
- 2 Social Connections
- 3 Concrete Supports in Time of Need
- 4 Knowledge of Parenting and Child Development
- 5 Social and Emotional Competence of Children

In addition, services will facilitate trauma informed parenting and the development of secure attachments.

Collaborative Approach

- Multi-Disciplinary Team to Coordinate Services
- Strength-Based Model
- Creating Partnership with Families
- Honor Cultural Diversity

Therapeutic Center Resources/Activities

- Community Resource Wall
 - Food Pantries
 - Homeless Shelters
- Story Time-Library
- Arts & Crafts, Music, Baking

Visitation Center Team

- Family Support Specialist – trained in Trauma Informed Services



Program Description

Therapeutic Visitation Center Services

- **2 Assessments:** sessions in which Birth Parent(s) meet with clinician – Complete initial paperwork, build client rapport, and complete Pre- Measures
- **1 Case Goals Meeting:** Clinician, Social Worker, Birth Parents meet to review expectations and vision for the family
- **7 Nurturing Connections Workshops:** The first hour of workshop will serve as the educational piece and the second hour will provide time for the group to process the first hour's topics.
- **4 Individual Parent Sessions:** Additional support for the birth parent(s) apart from visitation
- **16 Weekly Therapeutic Visitations:** Birth parents and children engage in therapeutic, play-based interventions

Weekly Therapeutic Visitation - 1 Hour Per Week

Who? Birth Parent(s) and Child(ren)

Why? Therapists help facilitate secure attachment patterns and behaviors among the family members using playful modalities such as Therapy®. These are proactive, intensive, relationship-focused parent-child therapy sessions.

Nurturing Connections Workshop – 7 Groups, 2 Hours Per Week

Split into 7-two hours sessions; the first hour of workshop will serve as the educational piece and the second hour will provide time for the group to process the first hour's topics.

The first hour will focus on the trauma and attachment of birth parent(s) in their own childhood by exploring loss and grief, primary and secondary emotions, complex trauma, and attachment history. The first hour includes:

- Mandatory Parent Training on the effects of Trauma and Attachment
- Classroom style- encourages participant interaction

The second hour complements the first, allowing parents to do an in-depth examination of parenting and attachment motives rooted in attachment history, in a safe supportive environment. We focus on:

- Peer Support
- Education on Therapeutic Parenting Techniques
- Learn Self-Care Strategies