



Kids & Families Together

# Sibling Support Group

*Siblings of foster, adoptive, and kinship youth in Ventura County have the opportunity to explore and share in a safe and supportive environment with peers.*



## Session Topics:

- Dealing with conflict
- Family Changes
- Your voice matters
- Coping skills
- Repairing relationships
- Managing stress and worries

*With guest speakers!*

**March 18th—May 13th**

**5pm-6pm for *ages 9-13***

**6pm-7:30pm for *ages 14-17***

*\*This is a 9-week closed group; parents participate every 3rd week*

## To Register:

Contact Amy at  
805-643-1446, ext. 133

## For Child Care:

Contact Channel Islands Social Services;  
Miriam Magaña at 805-384-0983, ext.  
859. Please call 48 hours in advance.