



Kids & Families Together

Serving Foster, Kinship and Adoptive Families

ADMINISTRATIVE AND KINSHIP OFFICES

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CLINICAL CENTER

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THERAPEUTIC VISITATION CENTER

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connect@kidsandfamilies.org



“Our Center”

Trauma-Focused Clinical Services



Leading Expertise in Attachment Focused Therapy

At Kids & Families Together a multi-disciplinary treatment approach is utilized. Our clinical team includes licensed clinicians (with specific advanced training in the fields of attachment, trauma and early childhood development), and registered interns completing their hours toward licensure.



Inspiring and connecting families

If you or a family have questions, find out more about our programs by visiting our website at:
www.kidsandfamilies.org

Our Mission

Our mission is to strengthen relationships and provide safe, supportive help and education that keeps families emotionally connected to one another.

We offer a safe and supportive resource, education and counseling center. We are committed to respecting each individual and family who request our services and to providing the most comprehensive education and counseling to promote healthy families.



- ♥ Building Relationships
- ♥ Strengthening Families
- ♥ Enhancing Attachment

“I believe the greatest gift I can conceive of having from anyone is to be seen by them, heard by them, to be understood and touched by them.”

—Virginia Satir

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Every Family has the Potential to Thrive

At Kids & Families Together we believe the development of secure attachments between parents and children promote healthier children and healthier families.

There can be any number of unforeseen reasons that the primary attachment between a caregiver and a child is compromised.

This can affect birth families as well as families that have come together through:

- Adoption (domestic and international)
- Foster care
- Kinship care

We do not view these unique challenges as pathological but developmental/ behavioral expressions of an interrupted life story. With the proper support services the story can begin to make sense again.

Each Family is Unique

Our priority is to engage family members and develop healthy, nurturing,

Counseling Services

- Dyadic Developmental Psychotherapy
- Theraplay™
- Trauma Focused-Cognitive Behavior Therapy (TF-CBT)
- Therapeutic Parenting Support Groups
- Groups for Children
- Adult Attachment Processing Groups
- DBT Skills Training Groups (Adult and Children)



In-Home Therapy Services

- Family Attachment Model (Foster, Adopted, & Kinship Families Program)
- Relational Assessment Program (Birth Family Program)
- Support Education & Training (Foster Family Program)

In-Home Placement Training

- Eight hours of training specializing in topics relevant to caregivers/ newly licensed foster and relative-foster caregivers.

Therapeutic Visitation Center

- Therapeutic parent and child sessions (visits) focused on preparing families for reunification. Referral based.

Childrens' Mental Health Services Through Medi-Cal

- Early Periodic Screening
- Diagnostic (EPSDT) and Treatment
- Individualized treatment plans for Medi-Cal eligible children/adolescents

The Goal of Treatment

To increase the child's security of attachment to their caregiver and the child's capacity for regulation of emotions, behavior and interpersonal functioning

Kids & Families Together interventions are based on a relational model of change and are:

- Non-judgmental
- Intentional
- Proactive
- Collaborative

