

# LEVEL ONE THERAPLAY & MIM

## JANUARY 9-12, 2017

TTI's Regional Training Center:  
**KIDS AND FAMILIES  
TOGETHER**

**Training location:**  
1317 Del Norte Road  
Camarillo, CA 93010

### What is Theraplay?

Theraplay is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships and an evidence-based rating "3" promising practice. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Is based on the natural patterns of interaction between parent and child
- Focuses on four essential qualities found in parent-child relationships: structure, engagement, nurture and challenge
- Creates an active and empathic connection between child and parents
- Results in changed view of the self as worthy and loveable, and of relationships as positive

### How Does Theraplay Differ from Other Kinds of Child Therapy?

- It directly involves the parents or caregivers in change
- It is active, interpersonal, and fun—not "talk therapy"
- Progress can be made quickly
- It focuses on strengthening the parent-child relationship
- It focuses on the "here and now," not what happened in the past
- It can be used with young children or children with developmental delays
- The "Theraplay way" flows easily from clinical setting to home
- Theraplay is appropriate for all ages—infancy through adolescence

**Join the thousands of mental health professionals  
who have added Theraplay to their skill set!**

**\*\*Training fee includes Theraplay book and 26  
continuing education hours (if you qualify)**

"If you're looking for the best one-practice, trauma-informed care technique for working with children and families, Theraplay is it! This training exponentially expanded my understanding and hands-on ability to promote healing!"

-Lark Eshleman, PhD, Creator, STAT treatment model



**Kids & Families Together**

**Register now at [www.theraplay.org](http://www.theraplay.org)  
or call 847-256-7334**